



# HEALTH & WELLBEING

#### CHAIR YOGA FOR WELLBEING



Tuesday 18 May & Tuesday 15 June, 11:00am-12:00pm | Lara Library

Have you wanted to try yoga but thought a regular yoga class would be too hard? This class is suitable for those who haven't exercised in a while, or who have fatigue, anxiety or a chronic illness.

### **COMPUTERS & TECH HELP**

#### **MYGOV EXPLORED**





Tuesday 4 May, 11:00am-12:00pm Geelong Library & Heritage Centre

Explore the benefits and optimise your use of the MyGov website! Presented in partnership with Services Australia.

## **MAKE & CREATE**

#### COOK UP A STORM WITH THE LIBRARY [100]





Friday 4 June, 10:00am-11:00am

Get cooking with the library! Join us as we discover new recipes, techniques and cooking resources to make your next dish shine.





# JOB & LIFESKILLS

## ONLINE COURSES WITH LINKEDIN LEARNING





Tuesday 25 May, 2:00pm-3:00pm

Looking to up-skill? Interested in starting a new hobby? LinkedIn Learning provides a variety of courses – from business to technology to creative pursuits – join us to learn about this amazing resource, available to access free with your library membership.

## READING, BOOK CLUBS & WRITING GROUPS

#### **GET TO KNOW...**









The Cynics - Tuesday 8 June, 2:00pm-3:00pm | Corio Library

Explore the philosophy of the Cynics of Ancient Greece, focussing on its most famous proponents, including one of the earliest recorded female philosophers: Hipparchia of Maroneia.

Crime – Monday 21 June, 10:00am-11:00am

Newcomb Library

Join us as we dive into the world of crime novels and help you to discover your next favourite author.





## HERITAGE FESTIVALS

## THE LIFE OF CAROLINE NEWCOMB



An Australian Heritage Festival Event

Saturday 1 May, 10:30am-12:00pm

**Newcomb Library** 

Join us, and the Bellarine Historical Society, to learn about the fascinating life of Caroline Newcomb, the woman the suburb was named to honour in 1956.

Photo courtesy Judith Bracewell.

### **WORKSHOPS & LECTURES**

## AUTUMN WELLBEING WORKSHOPS WITH ANNETTE SUBHANI





Thursday 13 May, 6:30pm-8:00pm | Corio Library Wednesday 19 May, 6:30pm-8:00pm | Newcomb Library

Join presenter Annette Subhani for an Autumn Wellbeing Workshop to create connections between participants, explore current impacts on wellbeing and assist participants to decide on practical, personal strategies to support wellbeing empowerment.

This brochure features a selection of highlighted events and programs. For a full listing of all library events and programs, please visit www.grlc.vic.gov.au/whats-on or speak to a staff member.

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## CHILDREN, YOUTH & FAMILIES

## NATIONAL SIMULTANEOUS STORYTIME





#### Wednesday 19 May | Various locations

"Una dreams of a life in Space. Life on Earth is just so so-so. But how will she get there? And will she complete her mission to discover life in Space? And did she remember to feed Neil the goldfish?" Join us for National Simultaneous Storytime and hear all about Una's adventures in *Give Me Some Space*, written and illustrated by Philip Bunting. All ages.

Bookings required, numbers will be limited.

#### **SCHOOL HOLIDAY FUN!**



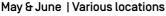


#### Commencing Saturday 26 June | Various locations

Venture into the past, explore imaginary places and discover ancient civilisations with lots of things to make, learn and do these holidays. Details will be on our website closer to the time.

Bookings required, numbers will be limited.

#### **BABY TIME & PRESCHOOL STORY TIME**



Bring along your little ones and join in the fun at your local library. Visit our website for more details and booking information. Bookings required, numbers will be limited.



## REGISTER FOR **AN EVENT**

This brochure features a selection of events and programs. For a full listing. please visit www.grlc.vic. gov.au/whats-on

Bookings for events are free unless otherwise indicated.

#### YOU CAN BOOK:

Online - find and register for an event on the library website: www.grlc.vic.gov.au/whats-on

In person - staff at your local library branch can book on vour behalf.

By phone - [03] 4201 0500 Group bookings - [03] 4201 0500



Bookings are essential where vou see this symbol



Book sales & author book signings at events where you see this symbol



Event is online where you see this symbol



Event is in-person where vou see this symbol

Geelong Regional **Library Corporation** 51 Little Malop Street, Geelong VIC 3220





For branch details, opening hours & further information, visit:

www.grlc.vic.gov.au











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Cover image: Dr Robert Isaacs

Photograph: Supplied by Magabala Books









We are pleased to welcome back audiences to some live events! Please book early to avoid disappointment as places will be limited. The event may be moved online or further restrictions to audience numbers may be announced. We will advise you of any changes via email and on our website. Events are 'in-person' where you see this symbol.



### MAY

Wednesday 5 May, 7:30pm-8:30pm Online Event

**NIKKI GEMMELL - THE RIPPING TREE** 







#### memoir of her mother's death, After.

WRITERS' WORKSHOP

Saturday 8 May, 10:30am-3:30pm Geelong Library & Heritage Centre



The Ripping Tree is an intense, sharp shiver of a novel, by international

best-seller, Nikki Gemmell, author of thirteen novels, including *The* Bride Stripped Bare, and four works of non-fiction, most recently her

This half-day walk-and-talk workshop will encourage and assist writers at all levels to view familiar neighbourhoods with fresh eyes! Includes a walk around the Geelong city centre to explore aspects of writing about urban environments. Cost: \$10



Thursday 13 May, 6:30pm-7:30pm Geelong Library & Heritage Centre

#### **HUGH MACKAY - THE KINDNESS REVOLUTION**

This is not just the launch of a book; it is a call for a revolution. Social psychologist and prolific author Hugh Mackay reflects on the challenges we faced during a year of upheaval and the questions many of us have asked ourselves.



Thursday 20 May, 6:30pm-7:30pm Geelong Library & Heritage Centre

#### **LEARNING TO SAVE ON POWER BILLS**

Join Geelong Sustainability for this free event to learn about the Geelong+ Community Solar Program - a new, exclusive opportunity to take part in the region's largest ever community bulk-buy solar program.



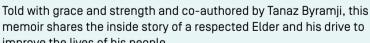
**GEELONG SUSTAINABILITY** 

### A RECONCILIATION WEEK EVENT

Thursday 27 May, 8:00pm-9:00pm Online Event







DR ROBERT ISAACS - TWO CULTURES, ONE STORY

improve the lives of his people. Featuring a Welcome to Country provided by Wadawurrung Traditional



Owners Aboriginal Corporation.

#### INTRODUCING OUR **NEW LIBRARY APP!**

The first-ever Geelong Regional Libraries app is here! Download the app now and you can search the library catalogue, renew eBooks, book into events, view your library convenience of your mobile device. Find out more here: www.grlc.vic.gov.au/app



## **AUTHOR EVENTS**



## JUNE

#### A WORLD ENVIRONMENT DAY EVENT

Thursday 3 June, 12:00pm-1:00pm Online Event







#### MICHAEL E. MANN - THE NEW CLIMATE WAR

Renowned climate scientist, Michael E. Mann, shows how fossil-fuel companies have waged a thirty-year campaign to deflect blame and responsibility and to delay action on climate change.



#### Thursday 10 June, 6:30pm-8:00pm Geelong Library & Heritage Centre

#### SPOKEN WORD POETRY NIGHT

This event is a safe and supportive platform for all poets, where everyone from the novice to the published is encouraged to share their work and connect with other creatives. In partnership with lowercase poetry Geelong.



Wednesday 16 June, 7:30pm-8:30pm **Online Event** 







#### **ALICE PUNG - ONE HUNDRED DAYS**

From one of Australia's most celebrated authors comes One Hundred Days, a mother/daughter drama exploring the faultlines between love and control. Alice Pung is an award-winning, best-selling writer, editor, teacher and lawyer based in Melbourne. Image: Courtney Brown

Sunday 20 June, 2:00pm-3:00pm **Queenscliff Library** 





#### **DOROTHY JOHNSTON - QUEENSCLIFF LITERARY WALK**

Join local mystery writer Dorothy Johnston and the Queenscliff Library for a walk and talk around some of Queenscliff's most intriguing literary landmarks.



### WRITERS' WORKSHOP

Saturday 26 June, 10:30am-3:30pm Geelong Library & Heritage Centre



## LEE KOFMAN - INTRODUCTION TO MEMOIR

In this engaging workshop with author Lee Kofman you will learn some of the basics of memoir writing: themes, structure and compelling story telling.

Open to writers of all levels, ages and abilities. Cost: \$10



#### SPECIAL NAIDOC PREVIEW EVENT: JULY

Thursday 1 July, 7:30pm-8:30pm Geelong Library & Heritage Centre







## ANITA HEISS - BILA YARRUDHANGGALANGDHURAY

In the lead up to NAIDOC Week, join us to hear about this unique new novel featuring Wiradjuri language throughout, by Wiradjuri woman, Dr Anita Heiss. Set in Gundagai in 1852, on timeless Wiradyuri country, Bila Yarrudhanggalangdhuray [River of Dreams] tells a story of courage, connection and belonging which is both universal and deeply personal.



Anita will be in conversation with Belinda Duarte, and the event will begin with a Welcome to Country provided by Wadawurrung Traditional Owners Aboriginal Corporation.